

INNOVATIVE
OUTCOME-FOCUSED
COLLABORATIVE

PRESIDENT'S REPORT

The Board closely monitors Arthritis NSW's (ANSW) balance sheet to ensure financial security and sustainability and, more importantly, uses the assets to benefit more people with arthritis in new ways.

About three years ago, our Board agreed that we wanted to make a much greater impact when helping people with arthritis. Rather than continue to do what had been done in the past, we made a powerful decision to change the landscape and proceeded to resource the CEO accordingly.

This resulted in a year of intense growth focused on our collaboration with Arthritis QLD (AQLD), the arthritis hub, Clara, and new initiatives.

Our alliance with AQLD continues to bring greater efficiencies and more shared learnings. Combining services in both states has created new and inspiring horizons.

Clara will broaden our capacity to reach and help more people across Australia. As the number of people with arthritis is expected to grow 38.46% by 2030,* we fast-tracked the project and expect to be



Nigel Corne // President

Arthritis NSW

giving users relevant, personalized support by the end of 2024.

To address pain usefully and safely, ANSW trialed non-pharmacological Pain Packs within our community. This wonderful initiative works to educate people on effective pain relief that doesn't carry the risk of addiction.

Being outcome-focused is one of our values, and central to our work. With this in mind, we improved the way we captured data on outcomes by increasing our reach to more users and refining its analysis. The report reflects the measurement of this richer data.

Thank you to our dedicated Directors, committed volunteers, hardworking ANSW team and our generous donors.

*Arthritis Australia

CEO'S REPORT

The past year was one of rapid building-for-growth as we deepened and broadened our engagement with our clients and community.

The development of Clara has been a steep learning curve that will bring great rewards for people with arthritis. With our technical and medical partners, we've built an AI-powered coaching app that will tailor arthritis support to each user.

We addressed the concerns of young adults who live with arthritis with the formation of our Young Adults Advisory Group. Aged between 18-35, the group logs into regular Chill and Chat sessions to share experiences and advice.

To support the wellbeing of children beyond our camps and family events, we introduced Juvenile Arthritis (JIA) Scholarships. The scholarships will fund items that bolster their social and emotional health, such as school uniforms, sport equipment, technology and school formal tickets.



Alex Green // CEO

Arthritis NSW

Our advocacy campaigns to secure better health services and options for our community are ongoing. Each success or frustration this year pushed us to greater effort, not only increasing our chances to secure support, but also raising arthritis's profile as a health condition that is under-resourced.

The ANSW Team put itself under the gender equity and diversity lens this year to ensure that we are achieving broadly equal outcomes for women and men through our policies and operations. The Board and I support this exploration to ensure that all employees reach their full potential.

Thank you to the Board for their vision for a better and brighter future for ANSW, and to our donors and sponsors for their unwavering support.

Thank you for your warm water program exercises, I have noticed a marked improvement in my physical abilities over time. I can now turn over in bed without thinking!

Thank you, especially for your online dance classes with Arthritis QLD. I now do 120 minutes of exercises classes every week, even during school holidays. I am very much fitter, despite the gradual downward trajectory that goes with my age and conditions. Life is so much more fun!

I feel that ANSW always has the best interests of the arthritis community in mind.

OUR PERFORMANCE



Infoline Callers	627
Arthritis Assist Peers	97
Arthritis Assist Mentors	10

GENTLE EXERCISE



Warm Water classes/week	29
Total Participants this year	1,142
Arthritis Moves classes/week	4
Total Participants this year	184
Dance for Arthritis classes/week	3
Total Participants this year	149

PUBLICATIONS



Arthritis Matters circ.	804
eNews subscribers	9,181
Website users	3,502

SOCIAL MEDIA



Facebook	7,926
Instagram	2,104
LinkedIn	474
YouTube	536



750 PAIN PACKS



20 CAMP FOOTLOOSE ATTENDEES



64 TWINKLETOES ATTENDEES



13 SUPPORT GROUPS

COMMUNITY HEALTH/WEBINARS



Education Sessions	29
Registrations	3,484
Online Views	15,990

RURAL HEALTH PROGRAM



Cessnock - May 24	74
Tamworth - Feb 24	117
Bega - Dec 23	38
Broken Hill - Aug 23	37

FUNDRAISING



Winter Appeal	\$34,082
Christmas Appeal	\$13,363
Big Give	\$45,374

This **Outcomes Report** provides an overview of the performance of Arthritis NSW for the 2023/24 financial year. Complete audited financial statements are published in our **Financial Report** for the year ended 30 June 2024. This **Outcomes Report** hasn't been audited, but contains extracts from the audited financial statement and is available online at: arthritissnw.org.au/about/annual-reports. For a copy of the **Financial Report**, please call **02 9857 3300** or email: info@arthritissnw.org.au.

SUSTAINABILITY MATTERS

What is sustainability?

Sustainable development meets the needs of the present without compromising the ability of future generations to meet their own needs (WECD 1987).¹

Sustainability involves environmental protection, social responsibility, economic benefits, and resilience, promoting sustainable practices aligned with *People, Planet, and Profit* and evaluated through the broader Environment, Sustainability and Governance (ESG) role to maximize stakeholder benefits for a prosperous future (AICD) 2022).²

Why are we on this journey?

ANSW is on this sustainability journey to ensure our long-term wellbeing, align our strategies with responsible practices, and positively impact our stakeholders and the environment.

Why is this important?

This journey is important as it enables ANSW to foster a sustainable future for our community, promote responsible stewardship and address pressing social and environmental challenges.

What actions are we taking?

So far, we have implemented various sustainable initiatives. These initiatives include:

- continuing to engage with a consultant for an ESG materiality assessment and future reporting
- adopting a green energy provider supporting renewable energy, ranked first in Australia with five stars by Greenpeace Green Electricity Guide
- completing a Gender Pay Equity Assessment, developing our first Gender Equality Strategy and Action Plan, and implementing strategies to support equal opportunities within our workplace regardless of gender
- completing an external review of our data governance practices, which returned positive feedback, confirming that our current approach is on track
- joining a cross-company group on environmental initiatives and continuing to drive existing measures including reduction in waste, reusable cups, using FSC-certified printing paper, incentives to reduce car travel, and carbon offsetting flights
- prioritising employee wellbeing and a healthy work/life balance to support their mental and physical health
- creating an ESG taskforce focusing on key priority areas as identified by stakeholders to keep abreast of latest trends and information and continue to improve.

1. *Our Common Future: Report of the World Commission on Environment and Development* (WECD) 1987, <http://www.un-documents.net/our-common-future.pdf>

2. Stutt, T, Fraenkel, H, & O'Rourke, E, 2022, *Bringing Together ESG: Board Structures and Sustainability*, Australian Institute of Company Directors, <https://www.aicd.com.au/risk-management/framework/climate/bringing-together-esg-board-structures-and-sustainability.html>



LISTEN TO INNOVATE

ANSW's goal in 2023/24 was to create greater impact when helping people with arthritis. This brought our Team together to review program feedback and identify areas that we could influence and enhance.

As we assessed our services, we saw that young adults with arthritis needed our direct attention, parents of our Twinkletoes events wanted more opportunities to engage with each other, and that it was time to address more deeply the issue of pain management.

Chill and Chat

The Young Adults Program was introduced this year to bring together people with arthritis aged 18 to 35, to share their concerns and support each other.

The group began meeting regularly online in January for Chill and Chat sessions, logging in from metropolitan and regional areas. They chat, have fun and discuss topics that concern the group.

This age group says they see arthritis as an old person's disease and often feel awkward talking about their condition. They rarely meet others their own age with the condition so the Young Adults Program is an important connection for them.

Twinkletoes Family Day

The new Twinkletoes Family Day was run with great success in April at Taronga Zoo, attracting enthusiastic parent feedback.

The focus on family connection and community came after talking to parents from Twinkletoes 2023.

They said they mostly valued the community aspect of the day, such as talking to other families, hearing their stories and forming a supportive network.

The outcome shows that consulting with parents and incorporating their ideas was a significant tactic in reshaping this beloved and highly valued program.

Pain Packs

More than 750 people are now using our non-pharmacological Pain Packs which are changing the way consumers think about and treat arthritic pain.

In 2023, the Team developed the pack to educate people on trustworthy self-management strategies rather than using medication that may cause harm.

The packs contain information on physical exercise and nutrition and products for joint strengthening, thermotherapy, and mindfulness. They were distributed to the Windsor area, the Central Coast and the Hunter region. Thank you to the Windsor RSL and Arcare Foundation for their support with this program.

JIA Scholarships

This year, we introduced a financial support program to enhance the long-term wellbeing of teenagers with juvenile arthritis aged 15-18 years.

For this group, arthritis also affects their education, social interactions, and wellbeing and they often miss out on opportunities available to their peers.

Funding options include school uniforms, tutors, text books, sporting equipment and computers.



2024 Twinkletoes Family Day kids and volunteers at Taronga

IMPACT OVERVIEW

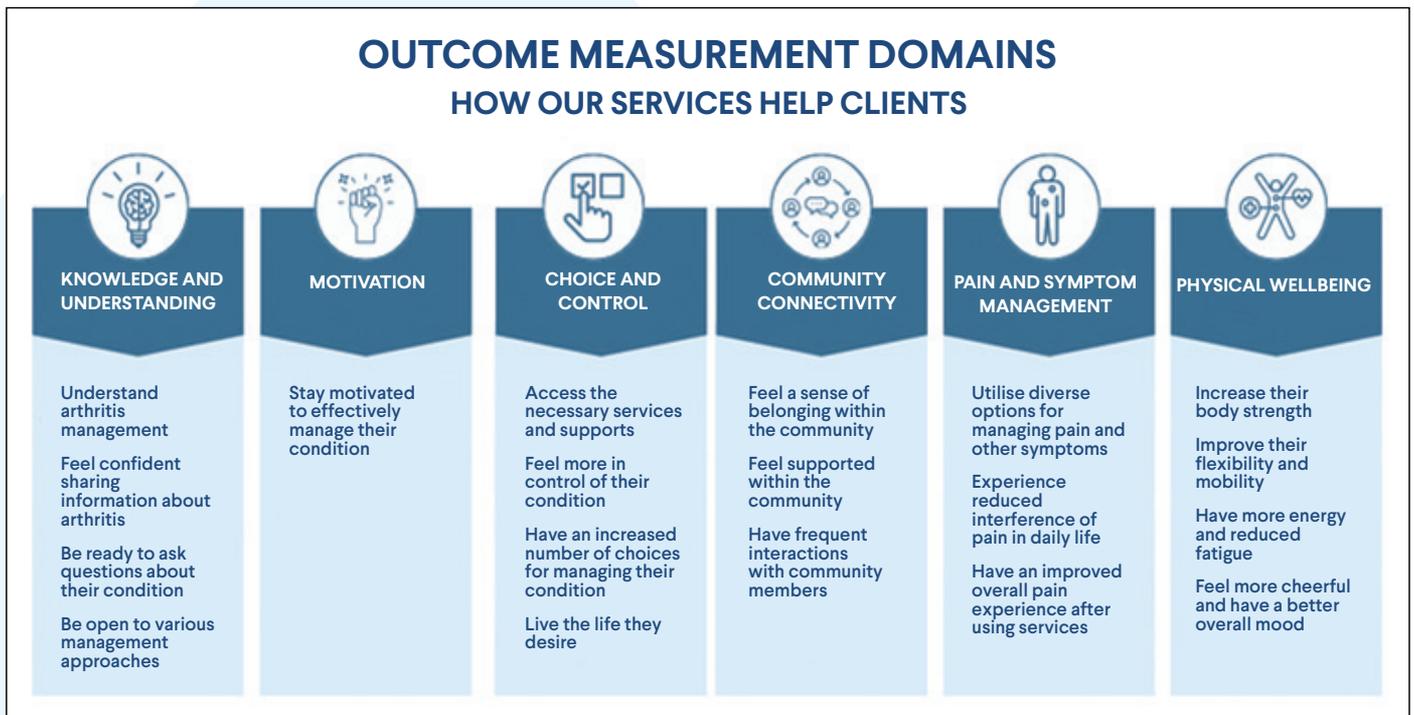
ANSW continuously measures and monitors impact across all services using the Outcome Measurement Framework.

This framework allows us to evaluate our performance and guides our annual planning and long-term

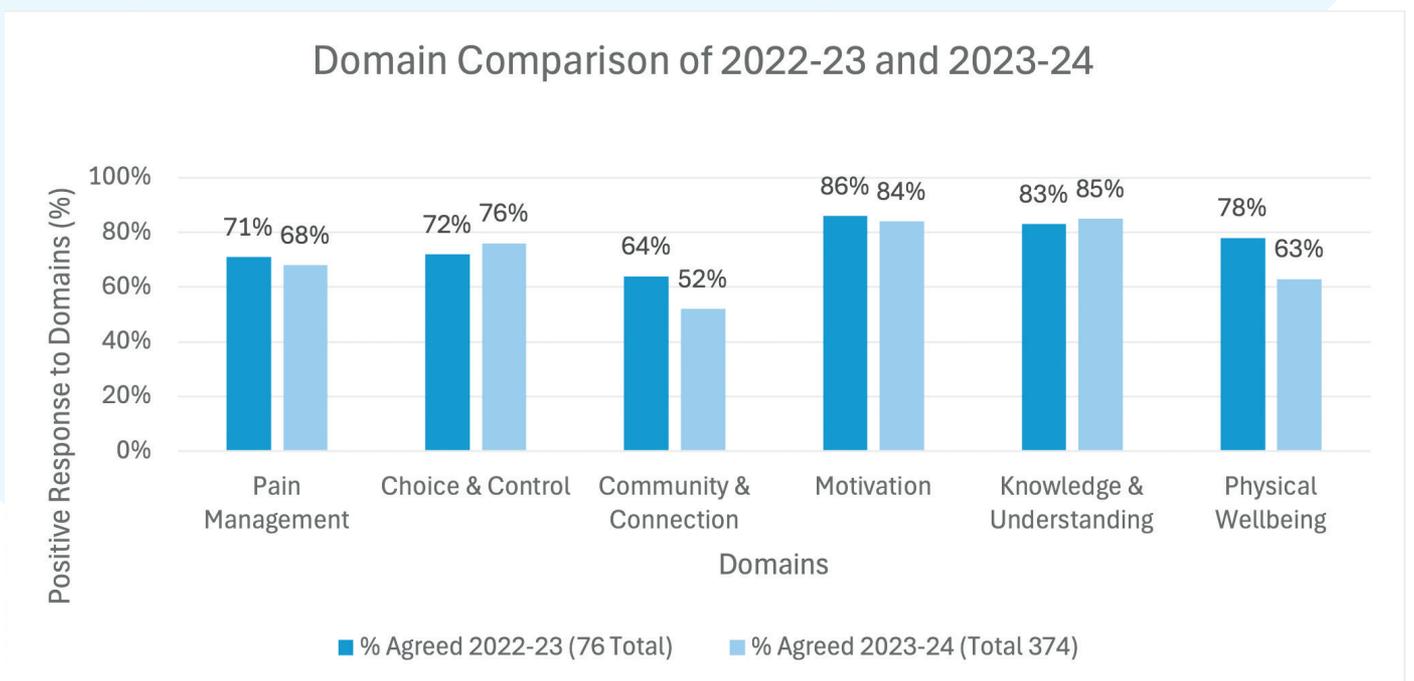
strategies, ensuring a focus on continuous service development and improvement.

The outcomes in this report are based on data collected between 1 July 2023 and 30 June 2024, representing feedback from 374 respondents across all programs, including families and carers.

The Outcome Measurement Framework measures impact across six domains.



This chart shows the percentage of respondents who reported positive impacts in each domain while using our services, based on their agreement with specific survey statements across 2022/23 and 2023/24 financial years.



Enhanced data collection

This year, ANSW expanded our program offerings with new initiatives such as the Pain Packs, a revamped Twinkletoes event, our Young Adults Program, and enhanced gentle exercise programs.

Better data collection within our outcome measurement tool (TOM) increased responses from 76 in 2022/23 to 374 this year, setting higher benchmarks for our measurement.

We've observed improvements in Choice and Control (from 72% to 76%) and Knowledge and Understanding (from 83% to 85%) domains, indicating that participants value the increased available options and educational efforts from our existing and new programs.

While there were slight decreases in Pain Management (from 71% to 68%) and Community Connectivity (from 64% to 52%), these changes were likely influenced by the increase of data in services that do not focus specifically on providing support in these two domains.

The consistently high Motivation score (84%) reflects our successful support efforts in participant-facing services. Although Physical Wellbeing scores have declined, excluding responses from information-only services improves the score to 75%. These results show our commitment to the ongoing improvement and effective integration of new components, enhancing participants' condition management.

HIGH ACHIEVING DOMAINS

Knowledge and Understanding: 85%

Proportion of participants who have an increased understanding of how to manage their condition.

Expanded webinars and themed months have boosted educational outreach and deepened participants' knowledge, leading to consistently high performance in this domain.

Motivation: 84%

Proportion of participants who agree that ANSW helps motivate them to effectively manage their condition.

Motivation has increased, especially with services such as exercises classes and webinars, highlighting the positive impact of engaging and informative interactions.

Choice and Control: 76%

Proportion of participants who agree ANSW has helped them feel more in control of their condition.

This improvement is likely due to the enhanced perception of choice in managing arthritis, driven by new services such as the Pain Packs and Arthritis Assist.

AREAS FOR IMPROVEMENT

Community Connectivity: 52%

Proportion of participants who feel part of the ANSW community.

This domain shows that 52% of participants feel connected to the ANSW community. However, when focusing on specific group-based programs such as Camps, Warm Water and online exercise classes, this figure increases by 10%. There is a recognised need to enhance community and connection across all programs.

Physical Wellbeing: 63%

Proportion of participants who agree that ANSW services improve their physical wellbeing: Strength, flexibility, mood, and energy.

Physical wellbeing, at 63% positive response rate, improves to 75% when less relevant programs are excluded. Plans to enhance this domain include increasing exercise programs and diversifying offerings.

DANCE EVOLUTION

This year, ANSW's online dance program moved from a single weekly NSW offering hosted by the Sydney Dance Company, to multiple classes run by Queensland Ballet available to the arthritis community in both states. The dancers are thrilled.

Many of our dance participants began with very little range of movement and have progressively loosened up and reduced their need for pain management at the same time.

Gabrielle (*right*) was one of the early adopters of the NSW dance class. She has osteoarthritis in her fingers of both hands, spine and neck.

As a piano teacher, Gabrielle found this impacted her ability to play, however while she is unable to play passages evenly, she can still teach and demonstrate to her students. She currently teaches piano to about 20 students.

When she joined the ANSW online dance class, she treated it as an addition to her health regime which includes a healthy diet and daily walks.

Gabrielle works through the pain using the dance movements and reports that our program has helped her reduce her pain medication over the past year.

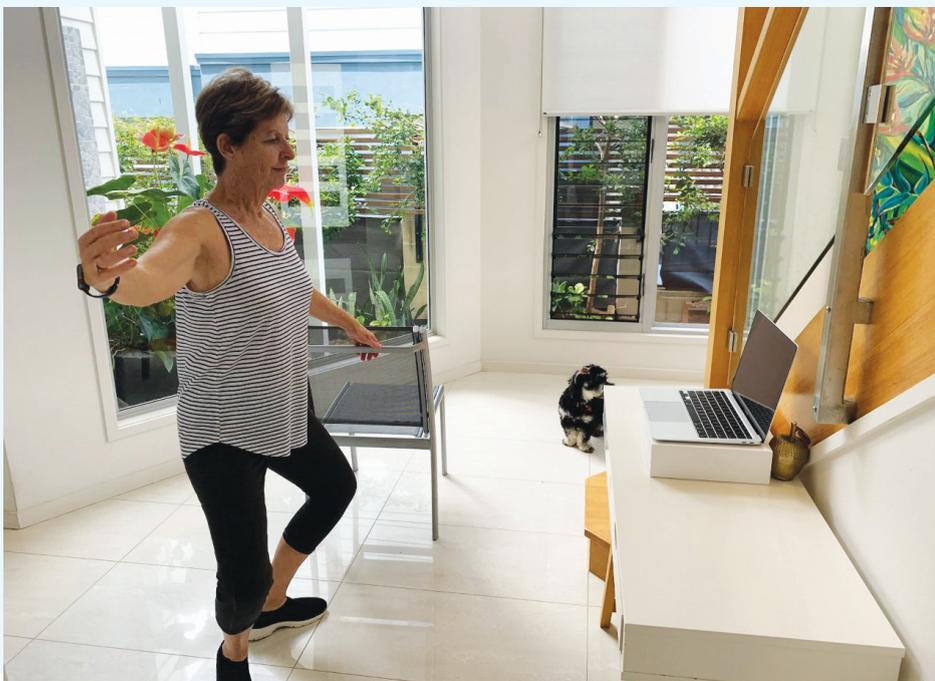


Gabrielle

Ballet style wins hearts and minds

In January 2024, ANSW joined with our friends at Arthritis Queensland (AQLD) to offer our community the Dance for Arthritis Program which is hosted by Queensland Ballet. The program was particularly popular with those who were already benefiting from other gentle exercise class styles.

There is plenty of crossover between the dance classes and ANSW's Arthritis Moves sessions, and the dancers are delighted to put into practice the foundation moves they learn in the strength classes.



Geraldine takes part in Dance for Arthritis

'I'm so impressed with your dance program. Your instructor is easy to follow and checks before each class whether we have any issues. If anyone does, she gives tips on how to manage the issue so they can still participate in the class.'

Geraldine (*left*) attends all our online class styles: 'Dance for Arthritis is fun because it has music and graceful movements. All of us in the class love the nice gentle movements and we get lost in the music,' she said.

'If you get tired, the instructor will suggest how to do a sitting version, so you still feel included.

The idea is to enjoy moving. It not only improves muscles, it improves your mood. We laugh and everyone feels safe.'

Geraldine said that she couldn't have attempted the dance classes without first taking our online strength program Arthritis Moves which taught her to pace herself and plan her movements.

PROGRAM REVIEW

Arthritis Assist

ANSW introduced Arthritis Assist in 2023. We knew from talking to our community that more people with arthritis were looking for connection and support from others who shared similar experiences.

This free and confidential service has grown significantly over the past year. **Despite being a new program with only 17 responses to our TOM, the service scored highly in Knowledge and Understanding. This reflects the insight and guidance provided by our peer-mentors.**

Although the Community and Connection domain received a lower score when compared to other services, we surmise that the TOM may not accurately reflect the program's impact without understanding participant feelings of disconnection from community

'As a mentee, having someone to talk to was very comforting. My mentor also suggested changes to my diet to curb my condition which was extremely useful.'

prior to the service. People who access Arthritis Assist often feel isolated and are dealing with significant life changes as a result of their condition.

Even after talking with their peer-mentors and understanding more clearly how to cope with and manage their condition, participants may still have lower Community and Connection scores compared to those who don't need to access this service.

Top scoring domains:

- Knowledge and Understanding (87%)
- Motivation (75%)
- Pain Management (71%)

Warm Water program

ANSW's Warm Water Program is a cornerstone of our service offerings. We've observed significant enhancements across the domains of Choice and Control, Knowledge and Understanding, and Motivation.

Pain Management and Community and Connection have also shown stable performance, underscoring our commitment to maintaining high standards amid program growth this year.

Top scoring domains:

- Motivation (91%)
- Choice and Control (82%)
- Knowledge and Understanding (82%)

These results highlight the effectiveness of our Warm Water Programs to empower participants and enhance their understanding and management of arthritis-related challenges.

'I am very grateful for ANSW's services. The warm water exercises especially have been beneficial. I now have very little to no pain. I've decreased my pain medication. I have more get up and go which has made me a better wife, mother and employee. I feel wonderful.'



The warm water class at the Burger Centre, Randwick.

PROGRAM REVIEW

Our Health Team made many changes to the ANSW online exercise program this year, as we combined programs with AQLD, streamlined program coordination, introduced new program styles and increased capacity.

Top Scoring Domains:

- Choice and Control (83%)
- Motivation (82%)
- Physical Wellbeing (81%)



Arthritis Moves

The Arthritis Moves program (formerly Strength and Balance until December 2023), offers online exercise classes and has shown notable performance improvements.

Choice and Control improved, indicating participants feel more empowered to manage their condition.

Similarly, Physical Wellbeing saw significant

improvement, reflecting positive impacts on participants' physical health. However, the Community Connectivity domain dropped notably, suggesting participants felt less connected. There was a decline of responses to the TOM which may have had an influence on this domain score. Now that this transition is complete, ANSW will focus on ensuring consistent outcome collection.

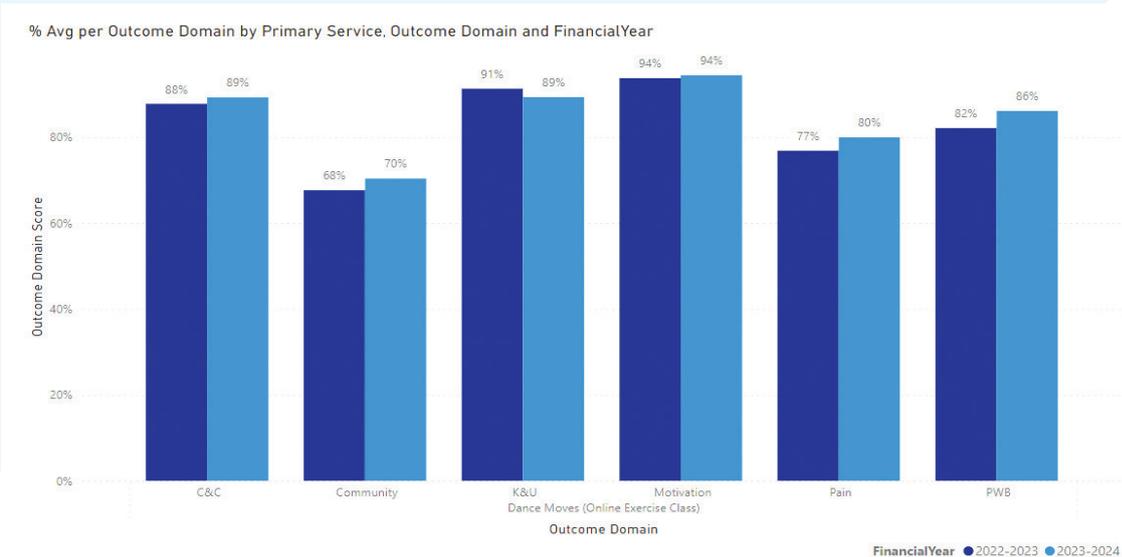
Dance for Arthritis

ANSW ran the Motion & Flow dance program until December 2023 which focused on a contemporary dance style. This transitioned to Dance for Arthritis, a ballet dance program, in January 2024.

TOM responses (*see below*) showed a slight decrease in Physical Wellbeing and Motivation domains, potentially due to increased data collection efforts and a more robust data pool. However, it maintained the highest Community and Connection score among

all programs, highlighting the exceptional work our providers do to foster community support.

The Pain Management domain also increased, possibly reflecting the program's engagement leading to continued participation, long-term behavioural changes and reduced pain perception. These results emphasise the program's effectiveness in enhancing participant knowledge, autonomy, and pain management strategies.



PROGRAM REVIEW

Webinars

This year, we broadened our webinar offerings, offering a wider range of topics and a greater number of sessions, resulting in 3,484 registrations. This yielded substantial improvements across key domains.

Knowledge and Understanding increased from 83% to 86%, demonstrating the effectiveness of increasing webinar provision and broader topics covered.

Motivation increased from 67% to 86%, indicating improved participant engagement and heightened interest.

'Please continue with the webinars. The content covered is so valuable. Thank you.'

'I find the webinars excellent in educating me about my condition, especially the last one debunking myths and misconceptions related to osteoarthritis.'

Choice and Control increased from 67% to 80%, emphasising our dedication to offering diverse and impactful sessions across a range of topics.

Top Scoring Domains:

- Knowledge and Understanding (86%)
- Motivation (86%)
- Choice and Control (80%)

Camp Footloose

Camp Footloose was held in October 2023 at the Sydney Academy of Sport and Recreation. **It was a highly successful event, with 100% of the 20 children expressing their desire to return next year.** Data collection for this program can be challenging since parents typically complete the surveys on behalf of their children post-event.

This year, the camp included three education sessions, which contributed to high scores in the Knowledge and Understanding domain. The post-event survey, completed by the children at camp, revealed that children would like more adults with arthritis to attend, which could further enhance this score.

The lowest scoring domain was Physical Wellbeing, likely due to the busy and highly active nature of the week. Despite this, the benefits of children meeting others with the same condition outweigh this low score.

Community and Connection scored lower than expected, possibly due to a skewed TOM question about weekly community interaction, which is unlikely for an annual event.

Top Scoring Domains

- Knowledge and Understanding (84%)
- Motivation (84%)
- Community and Connection (54%)



Stand up paddle boarding success at Camp Footloose.

'Camp Footloose was an amazing experience for my daughter and she loved every minute of it. The community is so supportive and helpful.'

LISTENING SKILLS

When faced with daily pain and a shrinking capacity to live your life, a friendly voice on the other end of the phone from someone who has experienced the same challenges can make a world of difference.

Louise (*below*) needed more information and options than her specialist had time to provide. So, she contacted the Arthritis Assist Program, which matches people like her with mentors who listen and understand, because they have lived with the challenges of arthritis themselves.

'I'd had a recent diagnosis of inflammatory arthritis, but I felt I was being a hypochondriac. My mentor was wonderful. It was so reassuring to speak with someone who understood the impact it was having on my life,' Louise said.



Louise

'After speaking with her, I no longer felt isolated. She was positive and practical and I noticed that I was more confident when talking to my doctors, more patient while waiting for medication to take effect, and generally better at managing my arthritis.'

Louise is one of more than 97 people who received support from Arthritis Assist this year.

The mentors value their role of listening and offering advice such as increasing their exercise or suggesting they reach out to physiotherapists or occupational therapists, or sometimes counsellors if the mentee is experiencing depression.

INSPIRATION AND PERSPIRATION

The Health Team presented our *Living Well with Arthritis* seminar at Bega on the south coast last year, and were happy as always to unite each arthritis community and share the latest self-management strategies.

Retired IT specialist, Theresa (*below right*) lives in Bermagui. She attended the seminar and felt empowered by the presentations. She was diagnosed in 2023 with osteoarthritis in her knee and hip. 'I was feeling sorry for myself because I couldn't run or ride my bicycle like I used to. I couldn't even go for a decent walk,' Theresa said.

'I left the seminar feeling more positive about managing my arthritis because the speakers were so inspiring.'

'The Health Educator was very understanding and knowledgeable. She explained how the Mediterranean diet helped to reduce inflammation, so I'm making changes there,' she said.

A local physiotherapist also gave presentations and Theresa has been engaging with them regularly since the seminar last December. 'I liked the physio's presentation on how you can lessen the impact arthritis has on your life. They gave me exercises to do every day and some to do in the water, which I do when I swim at the pools here in Bermagui.'

On track to fitness

Before she retired, Theresa was a fit, healthy runner, a gym regular, and walked and cycled.

'My arthritis stopped me from doing all that, but my exercise regime is building up the strength in my legs. I truly feel I'm on my way back to riding a bike outside again one day.'

'We're always told we have to go to Sydney for extra health services, so to have the ANSW free seminar with so much information so close to home was wonderful,' Theresa said.



Theresa

GOOD TIMES LEAD TO GOOD FRIENDS

Last October, Arthritis NSW welcomed 20 enthusiastic and excited teenagers from Queensland and NSW to Narrabeen Sporting Academy in Sydney ready to jump into the fun and excitement of Camp Footloose.

This was the second Camp Footloose that included teenagers living with juvenile arthritis (JIA) from Queensland. The two groups blended well, with so much to share in the common challenges of JIA.

The week brought clear skies and warm weather for the four-day camp which included canoeing, kayaking and damper cooking, raft building and paddleboarding, archery, volleyball, puzzles and beading. Team games, movies and trivia took care of night-time and discussions included mindfulness and school life.

The group included teenagers who had been to Footloose many times and first timers who didn't know what to expect.

Xavier

Xavier, 9, was diagnosed with JIA aged 2, six weeks after becoming ill with a virus. This was his first Camp Footloose and his mother Lisa recalls that he most loved meeting other kids who understood what it was like to have the condition.

'Xavier has never known any child outside of camp who has arthritis and meeting so many of them was very important to him,' Lisa said.

'The camp was very good for Xavier. There was a mix of older and younger kids and lots of activities, which he loved. **When he couldn't join in, for example he couldn't paddle the kayak, he played water gun games with a volunteer and still had a great time.**

Xavier has experienced a lot of medical intervention and pain due to his arthritis. He visits the hospital every four weeks for an infusion, and he has a tough time with the ordeal. Lisa recalled that on his last hospital visit, he used his iPad to call one of the friends he made from camp to talk about what he was going through.

'Xavier made good friends at the camp, and he chats online with them all the time. It's helped his confidence,' she said.

Amelia

Amelia, 12, attended Camp Footloose in 2023 and 2022 and Camp Twinkletoes in 2019.

She was diagnosed with juvenile arthritis at 17 months, prompting her mum to study nursing because of her daughter's needs.



Beach volleyball at Camp Footloose 2023

One of the most valuable things Amelia gained from Camp Footloose was the confidence to speak about her arthritis and not feel embarrassed about it.

'Amelia has the confidence now to speak to her teacher and friends at school about her arthritis,' she said. 'Her teacher showed her class a video about juvenile arthritis. When her friends ask her why she sometimes walks differently or can't play sports, she explains that her arthritis can fluctuate. Amelia is comfortable with speaking about her arthritis and stands up for herself now if they don't understand.'

Amelia also made a great friend at camp who she meets up with regularly. 'They call each other every day. When Amelia is having a bad day with her arthritis, she calls her friend because they understand what each other is going through. She looks forward to camp every single time. It's her favourite part of the year.'

'The camp mentors and volunteers are all amazing and care so much for all the kids. We are happy with everything Camp Footloose and Twinkletoes has done for us.'

STATEMENT OF PROFIT OR LOSS

and other comprehensive income for the year ended 30 June 2024

	2024 \$	2023 \$
Revenue	1,461,141	2,786,220
Other income	348,710	246,112
Employee benefits expense	(1,223,780)	(993,512)
Depreciation and amortisation expense	(3,214)	(6,217)
Education expenses	(319,380)	(237,330)
Marketing and fundraising expenses	(70,125)	(72,577)
Other expenses	(632,280)	(778,255)
Profit (Loss) before income tax	(438,928)	944,441
Income tax expense	-	-
PROFIT (LOSS) FOR THE YEAR	(438,928)	944,441
Other comprehensive income:		
Changes in fair value of available-for-sale financial assets	291,899	406,218
Other comprehensive income for the year, net of tax	291,899	406,218
TOTAL COMPREHENSIVE INCOME (LOSS) FOR THE YEAR	(147,029)	1,350,659

STATEMENT OF CASH FLOWS

for the year ended 30 June 2024

	2024 \$	2023 \$
CASH FLOWS FROM OPERATING ACTIVITIES:		
Receipts	1,505,732	2,700,922
Payments to suppliers and employees	(2,063,688)	(2,037,826)
Interest received	58,891	16,262
Dividends received including franking credits	289,819	229,205
Net cash provided by/(used in) operating activities	209,246	908,563
CASH FLOWS FROM INVESTING ACTIVITIES:		
Sale/(Purchase) of property, plant and equipment	(697,777)	-
Sale/(Purchase) of financial assets	64,926	433,606
Net cash provided by/(used in) investing activities	(632,851)	433,606
CASH FLOWS FROM FINANCING ACTIVITIES:		
Payments for lease liabilities	(37,022)	(29,760)
Sale/(Purchase) of financial assets	(37,022)	(29,760)
Net increase/(decrease) in cash and cash equivalents held	(879,119)	1,312,409
Cash and cash equivalents at beginning of year	1,986,864	674,455
Cash and cash equivalents at end of financial year	1,107,745	1,986,864

STATEMENT OF FINANCIAL POSITION

for the year ended 30 June 2024

	2024 \$	2023 \$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	1,107,745	1,986,864
Trade and other receivables	108,964	93,556
Other assets	38,111	28,509
TOTAL CURRENT ASSETS	1,254,820	2,108,929
NON-CURRENT ASSETS		
Financial assets	6,457,974	6,231,001
Property, plant and equipment	-	3,215
Intangible assets	697,777	-
Right of use asset	168,079	74,882
TOTAL NON-CURRENT ASSETS	7,323,830	6,309,098
TOTAL ASSETS	8,578,650	8,418,027
LIABILITIES		
CURRENT LIABILITIES		
Trade and other payables	308,832	126,988
Lease liability	47,363	28,991
Employee benefits	49,756	27,386
TOTAL CURRENT LIABILITIES	405,951	183,365
NON-CURRENT LIABILITIES		
Lease liability	122,239	47,377
Employee benefits	22,378	12,174
TOTAL NON-CURRENT LIABILITIES	144,617	59,551
TOTAL LIABILITIES	550,568	242,916
NET ASSETS	8,028,082	8,175,111
EQUITY		
Reserves	656,617	364,718
Retained earnings	7,371,465	7,810,393
TOTAL EQUITY	8,028,082	8,175,111



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